

## Who can help me with my diabetes care?

Taking care of diabetes is a group effort among you, your family, and your health care team. A diabetes health care team may include these health care providers:

- a doctor
- an **endocrinologist**—a doctor with special training in diabetes
- diabetes educators, such as a nurse and **dietitian**
- a counselor
- a pharmacist
- a dentist
- an eye doctor
- a foot doctor

*You* are the most important member of the team.